Tab 7 – Intervention Selection Form Area 6 South Border Laredo Only

Name of Intervention	HIV Education Testing and Counseling
Risk Behavior(s)	Substance use Sex without condoms Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Environmental facilitators (access to condoms and testing) Knowledge of STDs Group or Cultural Norms
Intended Immediate Outcomes	Increase proportion of HIV-infected persons who know their status Increase condom use Improve communication and negotiation skills Improve self perception of risk Provide access to condoms and testing Improve knowledge of STDs Reduce Number of sex partners
Туре	Individual Level
Setting	At the local health dept. and other testing sites.
Is this intervention currently being provided in your planning area?	The local health dept. does provided some services that assist this population.
Rationale for Selecting this Intervention	 This intervention has clearly defined audience, goals, and objectives and is based on behavioral and social science theory. It also focuses on reducing risky behavior such as having sex without a condom and sharing unsterile works. Needs assessment and epi data indicated this group engages in unprotected sex.

Tab 7 – Intervention Selection Form Area 6 South Border Laredo Only

Name of Intervention	Condom Skills Education and Sexually Transmitted Disease Reinfection
S 5	
Risk Behavior(s)	
Influencing Factor(s) or FIBs	Stereotypical Beliefs, Mood, skills, social norms/peer pressure, sexual arousal, social policy, access, communication and negotiation, relationship development
Intended Immediate Outcomes	To decrease high-risk sexual behavior, including unprotected sex associated with the drug use
Туре	Group Level Intervention
Setting	Jails, Detention Centers, Rehabilitation Centers, and the local health dept.
Is this intervention currently being provided in your planning area?	The local health dept. does provided some services that assist this population.
Rationale for Selecting this Intervention:	

Tab 7 – Intervention Selection Form Area 6 South Border

Name of Intervention	Community Demonstration Projects
Risk Behavior(s)	 Sex without condoms Sharing unsterile injection equipment
Influencing Factor(s) or FIBs	 Self-efficacy, intentions, expected outcomes; Perceived susceptibility Cultural/group norms, peer pressure, social support Environmental facilitators (access to condoms & bleach kits)
Intended Immediate Outcomes	Goal: To move participants from one stage of change to a higher stage of change (Precontemplation, contemplation, preparation, action, maintenance) Objectives: To increase condom use with main and non-main partners, to increase disinfection of injecting equipment.
Туре	Community level
Setting	Street setting, Public Sex Environments, other community venues
Is this intervention currently being provided in your planning area?	NO
Rationale for Selecting this Intervention:	 This intervention has clearly defined audience, goals, and objectives and is based on behavioral and social science theory. It also focuses on reducing risky behavior such as having sex without a condom and sharing unsterile works. Needs assessment and epi data indicated this group engages in unprotected sex. This intervention is effective with all race/ethnicities

Tab 7 – Intervention Selection Form Area 6 South Border Valley Only

Name of Intervention	Comparison of Education versus Behavioral Ski8lls Training Interventions in Lowering Sexual HIV -Risk Behavior of Substance-Dependent Adolescents
Risk Behavior(s)	Unprotected sex
	Multiple partners
	 Substance abuse
Influencing Factor(s)	Perceived susceptibility
or FIBs	Attitudes
	Intentions
	 Self-efficacy
	Outcome expectancies
	 Interpersonal dynamics
	Substance abuse
Intended Immediate	Goal: To lower risk of HIV infection and transmission
Outcomes	Objectives:
Cateomes	To increase self-efficacy skills
	To increase interpersonal skills
	- To increase interpersonal skills
Туре	GLI (separated by gender)
Setting	Substance abuse clinic (residential)
Is this intervention	NO
currently being	
provided in your	
planning area?	
Rationale for Selecting this Intervention:	 This intervention has a clearly defined audience of substance-dependent adolescents, goals and objectives, and is based on the Social Learning Theory and the Theory of Reasoned Action. This intervention is focused on reducing unprotected sex, decreasing multiple sex partners, and reducing substance abuse. Epi and needs assessment data indicate this population engages in unprotected sex with multiple sex partners.
	 Key informant interviews indicate an increase in HIV
	infection and risk activity among youth ages 13 – 24.
	intection and risk activity among youth ages 13 – 24.

Tab 7 – Intervention Selection Form Area 6 South Border Valley Only

Name of Intervention	Project RESPECT: Efficacy of Risk-reduction Counseling to Prevent HIV and STDs
Risk Behavior(s)	Sex without condoms
Influencing Factor(s) or FIBs	 Attitudes Group norms Intentions Self-efficacy Expected outcomes Perceived susceptibility
Intended Immediate Outcomes	To reduce high risk behaviors and prevent new STDs
Туре	ILI (prevention counseling)
Setting	STD clinics
Is this intervention currently being provided in your planning area?	NO
Rationale for Selecting this Intervention:	 This intervention has a clearly defined audience of at-risk HIV- males and females. It also has clear goals and objectives (see outcomes) and is based on the behavioral and social science theories of Reasoned Action and Social Learning. The intervention focuses on reducing sex without condoms and provides opportunity to practice relevant skills. Epi and needs assessment data show evidence that this population engages in unprotected sexual acts that are high-risk for HIV infection.

Tab 7 Intervention Selection Form Area 6 South Border

ALL HMAZs and the LMAZ

Subpopulation: All high priority subpopulations, consistent with CDC

Guidance, September 1997

Rankings: Same as the corresponding group in selected HMAZ, LMAZ

Name of	Prevention Case Management (PCM)
Intervention	
Risk Behavior(s)	Multiple high risk behaviors consistent with HIV Prevention Case Management Guidance, September 1997 by the CDC Substance use Sex without condoms Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Fatalism Self Efficacy Peer Pressure Cultural group norms
Intended Immediate Outcomes	Increase condom use Decrease number of partners Increase Self Esteem Referral for new HIV positives into Early Intervention Programs Referral of HIV positives into more intensive Intervention Programs that address the Factors Influencing the Risky Behavior.
Туре	Individual Level Intervention
Setting	Community based organization, STD clinics, other locations
Currently provided?	No
Rationale for selecting intervention:	This intervention should target only high-risk individuals, whether HIV -positive or HIV -negative, with multiple, complex problems and risk-reduction needs. This intensive, client-centered prevention activity has the fundamental goal of promoting the adoption and maintenance of HIV risk-reduction behaviors. It is suitable for individuals seeking stability and regularity in their lives and/or individuals who are reaching an action step in dealing with health concerns. PCM should include 1) client recruitment and engagement, 2) screening and assessment of HIV and STD risks and medical and psychosocial service needs, 3) development of a client-centered prevention plan, 4) multiple session HIV risk-reduction counseling, 5) active coordination of services with follow-up, 6) monitoring and reassessment of client's needs, risks, and progress, and 7) discharge from PCM services upon attainment and maintenance of risk-reduction goals.

Tab 7 Intervention Selection Form Area 6 South Border

ALL HMAZs and the LMAZ

Subpopulation: All BDTPS; all subpopulations; all races, ethnicities and ages
Same as the corresponding group in selected HMAZ, LMAZ

Name of Intervention	Prevention Counseling/Partner Elicitation
Risk Behavior(s)	Substance use Sex without condoms Multiple partners
Influencing Factor(s) or FIBs	Perceived susceptibility Environmental facilitators (access to condoms and testing) Knowledge of STDs Group or Cultural Norms
Intended Immediate Outcomes	Increase proportion of HIV-infected persons who know their status Increase condom use Improve communication and negotiation skills Improve self perception of risk Provide access to condoms and testing Improve knowledge of STDs Reduce Number of sex partners
Туре	Individual Level Intervention
Setting	Community based organization, STD clinics, other community-based locations
Currently provided?	Yes
Rationale for selecting intervention:	Counseling, testing, referral and partner services have been recommended as an effective intervention for all populations in Texas. In the Centers for Disease Control and Prevention's HIV Prevention Strategic Plan Through 2005, Goal 2 is to increase the proportion of HIV-infected people in the U.S. who know they are infected through voluntary counseling and testing. The CDC's objectives to meeting this goal support the inclusion of this intervention for all populations. These objectives include: improving access to voluntary, client-centered counseling and testing in high seroprevalance populations and increasing the number of providers who provide voluntary, client-centered counseling and testing. The core elements of this intervention include risk assessment, risk reduction plan, and the option to test for HIV either anonymously or confidentially. The Texas CPGs recommend the following strategies to promote PCPE: 1) Fact Sheet p. 31. Culturally Tailored HIV/AIDS Risk-Reduction Messages
	Targeted to African-American Urban Women. This 20-minute video increased the likelihood that women would view HIV as a personal risk, to

- request condoms, to talk with friends about AIDS, and to get tested for HIV.
- 2) Fact Sheet p. 34Context Framing to Enhance HIV Antibody Testing Messages Targeted to African-American Women. This 25-minute video emphasizes the personal losses from not testing. Women were more likely to get tested and to talk to partners about testing after this video.
- 3) Single session HIV/AIDS informational education: basic informational sessions discussing risks, correct condom and bleach kit use, referrals and the like enhance participants willingness to test either during or after the session.
- 4) Bar outreach: sustained, consistent presence in a bar type setting enhances testing. The specific outreach that is known to work consisted of weekly presence in the bar, with an informational table, with staff present and interacting with bar managers, performers and patrons for 2-4 hours at a time. Testing was conducted at the bar or referral made to a community-based organization. Staff gained the trust of all through their sustained efforts.

pcpe